

# Aminos at a Glance

## Your Ingredients Cheat Sheet

For more information on dosing, product benefits and general scientific information, please refer to the D5 Dosing Guide or the Overview of Amino Acid Dosing Flyer

## The Core Products

(We recommend CysReplete for its Glutathione and Sulfur Support, regardless of which core product is selected)



With Mucuna

OR



Without Mucuna

PLUS



Supplement Facts		
Serving Size: 4 Tablets Servings per Container: 60		
	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin B6 (as pyridoxine hydrochloride)	37.5 mg	2206%
Folate	340 DFE (mcg) (200 mcg folic acid)	85%
Calcium (as calcium citrate)	110 mg	8%
L-Lysine (as L-lysine hydrochloride)	250 mg	*
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> seed extract)	150 mg	*
L-Tyrosine	1500 mg	*
<i>Mucuna pruriens</i> extract (seed) (standardized to 40% L-DOPA)	300 mg	*

\* Daily Value (DV) not established

Supplement Facts		
Serving Size: 4 Capsules Servings per Container: 60		
	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin B6 (as pyridoxine hydrochloride)	37.5 mg	2206%
Folate	340 mcg DFE (200 mcg folic acid)	85%
Calcium (as calcium citrate)	110 mg	8%
L-Lysine (as L-lysine hydrochloride)	250 mg	*
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> seed extract)	150 mg	*
L-Tyrosine	1500 mg	*

\* Daily Value (DV) not established

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 90		
	Amount Per Serving	% DV
Folate	226 mcg DFE (133 mcg folic acid)	57%
Selenium (as selenium amino acid complex)	134 mcg	244%
L-Cysteine HCl	1,500 mg	*

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## Additional Support Products:



RepleteExtra is recommended for additional amino acid support beyond our core products.

Supplement Facts		
Serving Size: 4 Capsules Servings per Container: 30		
	Amount Per Serving	% DV
Folate	680 mcg DFE (400 mcg folic acid)	170%
L-Tyrosine	1000 mg	*
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> seed extract)	300 mg	*

\* Daily Value (DV) not established



Supplement Facts		
Serving Size: 1 Level Teaspoon (2.5g)* Servings per Container: 200		
	Amount Per Serving	% DV
L-Tyrosine	2.5g	*

\* Daily Value (DV) not established

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 90		
	Amount Per Serving	% DV
Folate	452 mcg DFE (266 mcg folic acid)	113%
L-Tyrosine	1000 mg	*

\* Daily Value (DV) not established

Supplement Facts		
Serving Size: 1 Capsule Servings per Container: 120		
	Amount Per Serving	% DV
<i>Mucuna Pruriens</i> extract (seed) (standardized to 40% L-DOPA)	300 mg	*

\* Daily Value (DV) not established



Supplement Facts		
Serving Size: 1/4 teaspoon (600mg) Servings per Container: 450		
	Amount Per Serving	% DV
<i>Mucuna pruriens</i> extract (seed) (standardized to 40% L-DOPA)	600 mg	*

\* Daily Value (DV) not established

**MUCUNA, AND TYROSINE ARE GREAT FOR INDIVIDUALIZED DOSES.**