

Manufactured for CHK Nutrition
3930 E Calvary Rd
Duluth, MN 55803

Suggested Use: Take 2 tablets daily with food.

Note: If you have any health conditions or are taking any medications, consult your health care practitioner before using this product.

Keep out of reach of children.

Store in a cool, dry place.

Manufactured in a cGMP certified facility.

Made in USA from domestic and foreign materials 



New Day. Fresh Start. Better Health.

ULTIMATE B Complex

90 Tablets • vegetarian
Dietary Supplement

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 45

Amount Per Serving		% Daily Value
Vitamin C (as ascorbic acid)	750mg	1250%
Thiamin (as thiamine HCl)	50mg	3333%
Riboflavin	50mg	2941%
Niacin (as niacinamide)	200mg	1000%
Vitamin B6 (as pyridoxine HCl)	100mg	5000%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	125mcg	2083%
Biotin (as d-biotin)	150mcg	50%
Pantothenic Acid (as d-calcium pantothenate)	200mg	2000%
Calcium (as 85% dicalcium phosphate, 15% d-calcium pantothenate)	115mg	12%
Phosphorus (as dicalcium phosphate)	75mg	8%
Magnesium (as magnesium oxide)	100mg	25%
Chromium (as chromium chloride)	50mcg	42%
Choline (as choline bitartrate)	100mg	*
Inositol	100mg	*
PABA (para-aminobenzoic acid)	50mg	*
Passionflower (aerial parts)	10mg	*
Valerian (root)	10mg	*

* Daily Value not established

Other ingredients: Microcrystalline cellulose, stearic acid (vegetable source), silicon dioxide, croscarmellose sodium, magnesium stearate (vegetable source), vegetable coating (sodium carboxymethylcellulose).